# Christ 2014

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## **Ergometer EM 4**

Ergometer of Class HA / EN 957-1/5 with high accuracy

- Very low and comfortable ascend
- 24-stepped Motor- and Computer- controlled magnetic resistance
- Approx 9 kg flywheel mass
- 12 stored training programs
- 4 heart rate programs
- 5 individual programs
- 1 manual program
- Body fat analysis (BMI) • 1 speed independent program (30 - 260 Watt, resistance adjustable in 10 Watt steps)
- Hand pulse measurement
- Horizontally and vertically adjustable saddle
- Handlebar inclination adjustable
- Transport rollers
- Power plug (Adapter)
- Back Light LCD Display, 7 window display shows simultaneously: Time, Speed, Distance, approx Calorie consumption, RPM, Watt and Pulse frequency
- Inputs of limits: Time, Distance, approx Calories, Pulse frequency and Watt
- Announcement of limits
- Fitness-Test
- Receiver for wireless pulse belt
- Load max. 150 kg (Body weight)

Space requirement approx: L 103 x W 60 x H 135 cm Ref. No. 1410





## Crosstrainer **Ergometer CX 4**

Crosstrainer- Ergometer of Class HA / EN 957-1/9 with high accuracy

- 24- stepped Motor- and Computer- controlled magnetic resistance
- Approx 9 kg flywheel mass
- 12 stored training programs
- 5 heart rate programs
- 4 individual programs
- 1 manual program
- Body fat analysis (BMI)
- 1 speed independent program (30 300 Watt, resistance adjustable in 10 Watt steps)
- Hand pulse measurement
- Pedals 3-times adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Back Light LCD Display, 7 window display shows simultaneously: Time, Speed, Distance approx Calorie consumption, RPM, Watt and Pulse frequency
- Inputs of limits: Time, Distance, approx Calories, Pulse
- frequency and Watt
- Announcement of limits
- Fitness-Test
- Receiver for wireless pulse belt
- Load max. 150 kg (Body weight)

Space requirement approx: L 128 x W 61 x H 166 cm Ref. No. 1420



CX



## Ergometer EMS 6

Ergometer of Class HA / EN 957-1/ 5 with high accuracy

- Electric induction braking
- 32 stepped Computer controlled resistance (approx. 10-670 Watt)
- Approx 12 kg flywheel mass
- 6 stored training programs
- 1 heart rate program
- 1 individual program
- 1 speed independent program (50 350 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement
  Horizontally and vertically adjustable saddle (guick release)
- Saddle and handlebar inclination adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Blue Back Light LCD Display, 7 windows display simultaneously: time, speed, distance, approx calorie consumption, Watt and pulse frequency.
- Input of limits for time, distance, approx calories and pulse limit
- Announcement of higher limits
- Fitness Test
- Body fat analysis (BMI, BMR)
- Receiver for wireless pulse belts
- Load max. 150 kg (Body weight)

Space requirement approx L 96 x W 52 x H 140 cm Ref. No. 9109



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Elektromagnetic-Brems system

## **Crosstrainer Ergometer CXM 6**

Ergometer of Class HA / EN 957-1/ 9 with high accuracy

- Electric induction braking
- 32 stepped Computer controlled resistance (approx. 10-780 Watt)
- Approx 12 kg flywheel mass
- 6 stored training programs
- 1 heart rate program
- 1 individual program
- 1 speed independent program (50 350 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement at moveable grips
- Pedals three times adjustable
- Teflon coated plastic bearing with good emergency run quality
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Blue Back Light LCD Display, 7 windows display simultaneously: time, speed, distance, approx calorie consumption, Watt and pulse frequency
- Input of limits for time, distance, approx calories and pulse limit
- Announcement of higher limits
- Fitness Test
- Body fat analysis (BMI, BMR)
- Receiver for wireless pulse belts
- Load max. 150 kg (Body weight)

Space requirement approx L 138 x W 66 x H 158 cm Ref. No. 9128





Elektromagnetic-Brems







## **Ergometer ET 6**

Ergometer class HA / EN 957-1/5 with high accuracy

- 24 stepped Motor- and Computer-controlled magnetic resistance (approx. 10-700 Watt)
- Approx 12 kg flywheel mass
- 11 stored training programs
- 5 heart rate programs
- 5 individual programs
- 1 manual program.
- Body fat analysis (BMI, BMR)
- 1 speed independent program (40 400 Watt, resistance adjustable in 10 Watt steps)
- Hand pulse measurement
- horizontally and vertically adjustable saddle
- Saddle and handlebar inclination adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Blue Back Light LCD Display 7 window display shows time, distance, speed, RPM, approx. calorie RPM, Watt and pulse frequency.
- Input of limits: time, distance, approx. calories and pulse
- Announcement of limits
- Fitness-Test
- Receiver for wireless pulse belts
- Load max. 150 kg (Body weight)

Space requirement approx: ca. L 96 x W 52 x H 140 cm Ref. No. 9107



Video: christopeit-sport.com

## **Crosstrainer Ergometer CX 6**

Crosstrainer-Ergometer class HA / EN 957-1/9 with high accuracy

- 24-stepped Motor- and Computer-controlled magnetic resistance (approx. 10-900 Watt)
- Approx 12 kg flywheel mass
- 11 stored training programs
- 5 heart rate programs
- 5 individual programs
- 1 manual program.
- Body fat analysis (BMI, BMR)
- 1 speed independent program (40 400 Watt, resistance adjustable in 10 Watt steps)
- Hand pulse measurement at moveable grips
- Pedals 3-times adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Blue Back Light LCD Display 7 window display shows time, distance, speed, RPM, approx calorie, RPM, Watt and pulse frequency.
- Input of limits: time, distance, approx. calories and pulse
- Announcement of limits
- Fitness-Test
- Receiver for wireless pulse belts
  Load max. 150 kg (Body weight)
- Space requirement approx: L 138 x W 66 x H 158 cm Ref. No. 9126



## **Ergometer BS 2**

Ergometer class HA / EN 957-1/5 with high accuracy

- 24 stepped Motor- and Computer-controlled magnetic resistance
- Approx 9 kg flywheel mass
- 7 stored training programs
- 4 heart rate programs
- 1 individual programs
- 1 manual program.
- Body fat analysis (BMI, BMR)

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• 1 speed independent program (20 - 400 Watt, resistance adjustable in 5 Watt steps)



- horizontally and vertically adjustable saddle Saddle and handlebar inclination adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Big LCD Display with 7 window display shows simultaneously time, distance, speed, approx. calorie consumption, RPM, Watt and pulse frequency.
- Input of limits: time, distance, approx. calories and pulse
- Announcement of limits
- Fitness-Test
- Load max. 120 kg (Body weight)

Space requirement approx: L 95 x W 50 x H 138 cm Ref. No. 1209

## Crosstrainer **Ergometer BS 6**

Crosstrainer-Ergometer class HA / EN 957-1/9 with high accuracy

- 24 stepped Motor- and Computer-controlled magnetic resistance
- 1 speed independent program (20 400 Watt, resistance adjustable
- Hand pulse measurement at moveable grips
- Transport rollers
- Power plug (Adapter)
- Big LCD Display with 7 window display shows simultaneously time, distance, speed, RPM, approx. calorie consumption, Watt and pulse frequency.
- Input of limits: time, distance, approx. calories and pulse
- Announcement of limits
- Fitness-Test
- Load max. 120 kg (Body weight)

Space requirement approx: L 124 x W 64 x H 161 cm Ref. No. 1211





## **Recumbent-**Bike RS 1

- Magnetic brake system
- Approx 9 kg flywheel mass
- 8-gears manual resistance
- Hand pulse measurement
- Comfortable seat with breathable net seat back
- Horizontally seat adjustment approx. 15cm Floor level compensation
- Transport rollers
- Big LCD display shows time, distance, speed, ODO, approx. calorie consumption, pulse frequency and SCAN function.
- Input of limits: time, distance, approx. calories and pulse
- Announcement of limits
- Load max. 120 kg (Body weight)

Space requirement approx: L 150-165 x W 62 x H 100 cm Ref. No. 1212









## **Recumbent-Ergometer RS 2**

#### Ergometer class HA / EN 957-1/5 with high accuracy

- 24 stepped Motor- and Computer-controlled magnetic resistance
- Approx 9 kg flywheel mass
- 7 stored training programs
- 4 heart rate programs
- 1 individual programs
- 1 manual program.
- Body fat analysis (BMI, BMR)
- 1 speed independent program (20 400 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement
- Comfortable seat with breathable net seat back
- Horizontally seat adjustment approx. 15cm
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Big LCD Display with 7 window display shows simultaneously time, distance, speed, approx. calorie consumption, RPM, Watt and pulse frequency.
- Input of limits: time, distance, approx. calories and pulse
- Announcement of limits
- Fitness Test
- Load max. 120 kg (Body weight)

Space requirement approx: L 150-165 x W 62 x H 100 cm Ref. No. 1213





## **Ergometer AL 2**

Ergometer of Class HA / EN 957-1/5 with high accuracy

- 24 stepped Motor- and Computer-controlled magnetic resistance
- Approx 9 kg flywheel mass
- 6 stored training programs
- 4 heart rate programs
- 4 individual programs
- 1 manual program
- 1 Body fat program
- 1 speed independent program (20 400 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement
- Horizontally and vertically adjustable saddle
- Saddle and handlebar inclination adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Big Touch Screen Computer, 6 display windows showing: time, speed, distance, distance total, approx calories, pedal revolution per minute, Watt and pulse frequency
- Input of limits for time, distance and approx calories
- Announcement of higher limits
- Fitness Test
- Load max. 150 kg (Body weight)

Space requirement approx L 96 x W 59 x H 134 cm

Ref. No. 1107 (silver / black) Ref. No. 11071 (white / black)



Video: christopeit-sport.com



## Crosstrainer Ergometer AM 6

Crosstrainer-Ergometer class HA / EN 957-1/9 with high accuracy

- 24 stepped Motor- and Computer-controlled magnetic resistance
- Approx 10 kg flywheel mass
- 6 stored training programs
- 4 heart rate programs
- 4 individual programs
- 1 manual program
- 1 Body fat program
- 1 speed independent program (20 400 Watt, resistance adjustable in 5 Watt steps)
- Pedals 3 time adjustable
- Hand pulse measurement at moveable grips
- Transport rollersPower plug (Adapter)
- Big Touch Screen Computer, 6 display windows showing: time, speed, distance, distance total, approx calories, pedal
- revolution per minute, Watt and pulse frequency
- Input of limits for time, distance and approx calories
- Announcement of higher limits
- Fitness Test

Load max. 150 kg (Body weight)

Space requirement approx L 125 x W 80 x H 154 cm Ref. No. 1127 (silver / black)

Video: christopeit-sport.com

## Home Bike AL 1

- Magnetic brake system
- Approx 9 kg flywheel mass
  8- gears manual resistance
- Be gears manual resistance
  Hand pulse measurement
- Hand pulse measurem
- Horizontally and vertically adjustable saddle
- Saddle and handlebar inclination adjustable
- Transport rollers
- Touch Screen Computer showing at same time: speed, time, distance, distance total, approx calories and pulse frequency
- Input of limits for time, distance, approx calories and pulse limit
- Announcement of higher limits
- Load max. 150 kg (Body weight)

Space requirement approx L 96 x W 59 x H 134 cm Ref. No. 1106 (silver / black) Ref. No. 11061 (white / black)







## Home Bike HT 3

- Very low and comfortable ascend
- Magnetic brake system
- Approx 10 kg flywheel mass
- 8-gears manual resistance
- Handlebar inclination adjustable
- Display inclination adjustable
- Big digital LCD computer showing: time, speed, distance, approx
- calories, pulse frequency and Scan
  Input of limits for time, distance, approx calories and pulse limit
- Announcement of higher limits
- Load max. 150 kg (Body weight)

Space requirement approx L 108 x W 55 x H 139 cm Ref. No. 9114



EMS3

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## **Ergometer EMS 3**

Ergometer of Class HA / EN 957-1/ 5 with high accuracy

- Very low and comfortable ascend
- Electric induction braking
- 32 stepped Computer controlled resistance
- Approx 10 kg flywheel
- 6 stored training programs
- 1 heart rate program
- 1 individual program
- 1 speed independent program (50 350 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement
- Horizontally and vertically adjustable saddle (quick release)
- Handlebar inclination adjustable
- Display inclination adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Blue Back Light LCD Display, 7 windows display simultaneously: time, speed, distance, approx calorie consumption, Watt and pulse frequency
- Input of limits for time, distance, approx calories and pulse limit
- Announcement of higher limits
- Fitness Test
- Body fat analysis (BMI, BMR)
- Load max. 150 kg (Body weight)

Space requirement approx L 108 x W 55 x H 139 cm Ref. No. 9116





## **Ergometer EM 3**

ET3

Ergometer of Class HA / EN 957-1/ 5 with high accuracy

- 24 stepped Motor- and Computer-controlled magnetic resistance
- Approx 8 kg flywheel mass
- 12 stored training programs
- 4 heart rate programs
- 4 individual programs
- 1 manual program
- 1 Body fat program
- 1 speed independent program (45 250 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement
- Horizontally and vertically adjustable saddle
- Saddle and handlebar inclination adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Big Computer with 6 display windows showing: time, speed, distance, distance total, approx calories, pedal revolutions per minute Watt and pulse frequency
- Input of limits for time, distance, approx calories, pulse and watt
- Announcement of higher limits
- Fitness Test
- Load max. 150 kg (Body weight)

Space requirement approx L 110 x W 52 x H 148 cm Ref. No. 9808





## **Ergometer ET 2**

- 16 stepped Motor- and Computer-controlled magnetic resistance
- Approx 8 kg flywheel mass
- 6 stored training programs
- 3 heart rate programs
- 4 individual programs
- 1 speed independent program (10 350 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement
- Horizontally and vertically adjustable saddle
- Handlebar inclination adjustable
- Transport rollers
- Power plug (Adapter)
- 6 window Computer showing: time, speed, distance, approx calories, pedal revolution per minute, Watt and pulse frequency
- Input of limits for time, distance and approx calories
- Announcement of higher limits
- Load max. 120 kg (Body weight)

Space requirement approx L 96 x W 54 x H 135 cm Ref. No. 9103

EM





## **Ergometer BT 2**

Ergometer class HA / EN 957-1/5 with high accuracy

- 24 stepped Motor- and Computer-controlled magnetic resistance
- Approx 8 kg flywheel mass
- 12 stored training programs
- 4 heart rate programs
- 1 individual programs
- 1 manual program.
- 1 speed independent program (10 350 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement
- horizontally and vertically adjustable saddle
- Handlebar inclination adjustable
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Big LCD Display with 7 window display shows simultaneously time, distance, speed, approx. calorie consumption, RPM, Watt and pulse frequency.

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BT2 and BT 6

- · Input of limits: time, distance, approx. calories, pulse and watt
- Announcement of limits
- Fitness Test
- Load max. 120 kg (Body weight)

Space requirement approx: L 91 x W 50 x H 125 cm Ref. No. 1205



## **Crosstrainer Ergometer BT 6**

Crosstrainer-Ergometer class HA / EN 957-1/9 with high accuracy

- 16 stepped Motor- and Computer-controlled magnetic resistance
- Approx 8 kg flywheel mass
- 12 stored training programs
- 4 heart rate programs
- 1 individual programs
- 1 manual program.
- 1 speed independent program (10 350 Watt, resistance adjustable in 5 Watt steps)
- Hand pulse measurement at moveable grips
- Floor level compensation
- Transport rollers
- Power plug (Adapter)
- Big LCD Display with 7 window display shows simultaneously time, distance, speed, approx. calorie consumption, RPM, Watt and pulse frequency.
- Input of limits: time, distance, approx. calories, pulse and watt
- Announcement of limits
- Fitness-Test
- Load max. 120 kg (Body weight)

Space requirement approx: L 113 x W 61 x H 152 cm Ref. No. 1206



# **Crosstrainer CS 5**

# **Test Winner 2007**





- pedal revolution per minute, pulse frequency and body fat (BMI and BMR)

## **Home - Bike CL 1**

- Magnetic brake system
- Approx 5 kg flywheel
- 8- gears manual resistance
- Hand pulse measurement
- Saddle inclination adjustable
- Transport rollers

**B** 

- Display showing: Time, Speed, Distance, Distance total, approx Calorie consumption, Pulse frequency and Scan
- Load max 100 kg (Body weight)

Space requirement approx: L 80 x W 49 x H 119 cm Ref. No. 1302



NEW

## **Home - Bike**

## **CL 3**

- Magnetic brake system • Approx 7 kg flywheel • 8- gears manual resistance
- Hand pulse measurement
- Horizontally and vertically adjustable saddle
- Floor level compensation
- Transport rollers
- Big LCD Display showing: Time, Speed, Distance, Distance total approx Calorie consumption, Pulse frequency and Scan
- Input of limits: Time, Distance, approx Calories and Pulse
- Announcement of limits
- Load max. 100 kg (Body weight)

Space requirement approx: L 86 x W 48 x H 140 cm Ref. No. 1305





NEW

## Crosstrainer **CT 1**

- Infinitely adjustable belt brake system
- Moveable grips for forward and backward movement
- Handle bars adjustable in height from 138 156 cm
- Extra wide and non-slip pedals
- Floor level compensation
- Transport rollers
- 5- function Display showing: Time, Speed, Distance, approx Calorie consumption and Scan
- Load max. 100 kg (Body weight)

Space requirement approx: L 97 x W 51 x H 156 cm Ref. No. 1320







NEW

- Transport rolles

Ref. No. 1321









## Crosstrainer **CT 2**

- Magnetic brake system
- Approx 7 kg flywheel
- 8- gears manual resistance
- Hand pulse measurement
- Moveable grips for forward and backward movement
- Floor level compensation
- Big LCD Display showing: Time, Speed, Distance, Distance total approx Calorie consumption, Pulse frequency and Scan • Input of limits: Time, Distance, approx Calories and Pulse
- Load max. 100 kg (Body weight)

Space requirement approx: L 104 x W 65 x H 156 cm









## **Crosstrainer AC 5**

- Magnetic brake system
- Approx 8 kg flywheel
- 8- gears manual resistance
- Hand pulse measurement at moveable grips
- Transport rollers
- Big Display Computer showing: time, speed, distance, approx calories, body fat analysis and pulse frequency
- Input of limits for time, distance and approx calories
- Announcement of higher limits
- Temperature Display
- Fitness Test

®6

• Load max. 120 kg (Body weight)

Space requirement approx L 118 x W 70 x H 165 cm Ref. No. 1122



- Approx 8 kg flywheel
- 8- gears manual resistance
- Hand pulse measurement
- Horizontally and vertically adjustable saddle Saddle inclination adjustable
- Transport rollers
- Touch Screen Computer showing at same time: speed,
- time, distance, distance total, approx calories and pulse frequency
- Input of limits for time, distance, approx calories and pulse limit
- Announcement of higher limits
- Load max. 120 kg (Body weight)

Space requirement approx L 95 x W 52 x H 147 cm Ref. No. 1102



## **MB 3** Particularly for older people

- very well suitable
- Manual drive
- Infinitely adjustable belt brake system
- Hand- and foot pedals with adjustable foot straps • Training of the leg and arm muscles while sitting
- Safety stand, approx weight 5,5 kg
- Big grip for easy carrying
- Computer showing: time, Count, Count total, approx. calories and Scan

Space requirement approx. L 50 x W 42 x H 31 cm Ref. No. 1340



L F E

## **MB** 4

Particularly for older people very well suitable

- Motorized, usable for recondition
- Hand- and foot pedals with adjustable foot straps
- Training of the leg and arm muscles while sitting
- Safety stand, approx weight 6 kg
- Big grip for easy carrying
- Cable command with on/off function, adjustment of speeds in 12 steps and adjustment of time from 1-30 minutes
- Computer showing: time, Count, Count total, approx. calories and Scan
- Electrical data: 220-240V/50Hz /22 Watt

Space requirement approx. L 50 x W 42 x H 31 cm Ref. No. 1341





- and Scan

## Walker & Walker de Luxe

- You would like to improve your body fitness without leaving the house?
- Then Walker is the right alternative for you.
- Joint-protecting whole body training similar to skiing
- Through continual training you can tone your body and
- achieve a higher level of fitness and fat-burning
- Stimulating most of users muscle
- Adjustable abdominal pad
- Foldable for save space
- Slip- resistant foot plates
- Very stable steel frame
- Computer showing time, Steps, steps total, approx calories
- Load max. 100 kg (Body weight)
- Weight approx 20 kg
- Space requirement approx L 80 x W 60 x H 148 cm Space requirement foldable approx L 60 x W 60 x H 115 cm Ref. No. 9101 (silver)
- Ref. No. 9102 de Luxe (black)





## **Runner Pro Magnetic**

Magnetically braked treadmill with very good rotational behaviour

- Magnetic brake system
- Approx 5 kg flywheel
- 8-gears manual resistance
- 2-adjustable manual incline
- Hand pulse measurement
- Foldable for space
- Transport rollers
- Incl. drink bottle
- oval frame
- Big Display Computer shows: time, distance, speed, approx calories, pulse frequency and Scan
- Input of limits for time, distance and approx calories
- Announcement of higher limits
- Load max. 120 kg (Body weight)
- Walking surface approx L 110 x W 35 cm

Space requirement approx L 138 x W 70 x H 130 cm Space requirement foldable approx L 65 x W 70 x H 140 cm Ref. No. 98292



## **Runner Walking**

Same as Runner Pro Magnetic, but with:

 Nordic Walking Sticks for an effective upper body and endurance training

Space requirement approx L 138 x W 70 x H 135 cm Space requirement foldable approx L 65 x W 70 x H 145 cm Ref. No. 98294



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# LB 50 +

Motion therapy equipment for the older generation and for rehabilitation.







- 0,75 HP Motor continuous (0,55 kW), maximum 1,25 HP Peak (0,92 kW)
- Speed from 0,8 km/h 10 km/h (adjustable in 0,1 km/h steps)
- Vibration absorbing running surface
- Safety pin for emergency stop
- Foldable for space
- Blue Back Light LCD Display with 3 windows showing: time, speed, distance and approx. calories
- Walking surface approx. L 120 x W 40 cm
- Electrical data: 220-240V/50-60Hz/950 Watt
- Load max. 100 kg (Body weight)
- Weight approx. 39 kg

Space requirement approx. L 160 x W 71 x H 120 cm Space requirement foldable approx. L 50 x W 71 x H 148 cm Ref. No. 1350





## TM 2

- 1,25 HP Motor continuous (0,92 kW), maximum 1,75 HP Motor Peak (1,3 kW)
- Speed from 1 km/h 16 km/h (adjustable in 0,1 km/h steps)
- 5 installed programs with different speed
- 3 manual programs
- Quick speed buttons for 3 km/h, 6 km/h, 9 km/h and 12 km/h
- Speed, start and stop adjustable at hand rail
- Hand pulse measurement at hand rail
- 3- adjustable manual incline
- Vibration absorbing running surfaceSafety pin for emergency stop
- Foldable for save space
- LCD Display showing: time, speed, distance, approx. calories and pulse
- Inputs of limits for time, speed and approx caloriesAnnouncement of higher limits
- Fold-out automatic (Soft-Drop-System) for a safety and easy let down of the tread
- Walking surface approx. L 120 x W 40 cm
- Electrical data: 220-240V/50-60Hz /950 Watt
- Load max. 120 kg (Body weight)
- Weight approx. 50 kg

Space requirement approx. L 165 x W 71 x H 125 cm Space requirement foldable approx. L 80 x W 71 x H 148 cm Ref. No. 12412





Video: christopeit-sport.com

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## TM 2 Pro

- 1,25 HP Motor continuous (0,92 kW), maximum 1,75 HP Motor Peak (1,3 kW)
- Speed from 1 km/h 16 km/h (adjustable in 0,1 km/h steps)
- 25 installed programs with different speed
- 3 manual programs
- Quick speed buttons for 2 km/h , 4 km/h, 6 km/h, 8 km/h, 10 km/h, 12 km/h, 14 km/h, 16 km/h
- Speed and start and stop adjustable at hand rail
- Hand pulse measurement at hand rail
- 3- adjustable manual incline
- Vibration absorbing running surface
- Safety pin for emergency stop
- Foldable for save space
- Blue Back Light LCD Display showing: Time, Speed, Distance, approx. Calories consumption and Pulse
- Inputs of limits: Time, Speed and approx. Calories
- Announcement of higher limits
- Possible connection for MP 3 Player
- Fold-out automatic (Soft-Drop-System) for a safety and easy let down of the tread
- Walking surface approx L 120 x W 40 cm
- Electrical data: 220-240V/50-60Hz /950 Watt
- Load max. 120 kg (Body weight)
- Weight approx. 52 kg

NEW

Space requirement approx: L 165 x W 71 x H 125 cm Space requirement foldable approx: L 80 x W 71 x H 148 cm Ref. No. 12411 (silver/black) Ref. No. 12414 (white/black)





## TM 2 Spirit

- 1,25 HP Motor continuous (0,92 kW), maximum 1,75 HP Motor Peak (1,3 kW)
- Speed from 1 km/h 16 km/h (adjustable in 0,1 km/h steps)
- 25 installed programs with different speed
- 3 manual programs
- Quick speed buttons for 3 km/h, 6 km/h, 9 km/h
- Power incline 0-12%, electronically adjustable
- Quick speed buttons for 3%, 6% und 9% incline
- Speed and incline adjustable at hand rail
- Hand pulse measurement at hand rail
- Vibration absorbing running surface
- Safety pin for emergency stop
- Foldable for save space
- Blue Back Light LCD Display showing: Time, Distance, Speed, approx Calorie consumption Inclination and Pulse
- Inputs of limits: Time, Speed and approx. Calories
- Announcement of higher limits
- Possible connection for MP 3 Player
- Fold-out automatic (Soft-Drop-System) for a safety and easy let down of the tread
- Walking surface approx L 120 x W 40 cm
- Electrical data: 220-240V/50-60Hz /950 Watt
- Load max. 120 kg (Body weight)
- Weight approx. 54 kg

Space requirement approx: L 165 x W 71 x H 125 cm Space requirement foldable approx: L 80 x W 71 x H 148 cm Ref. No. 1241 (silver/black) Ref. No. 12415 (white/black)





NEW

## TM 4+

- 1,75 HP Motor continuous (1,40 kW), maximum 2,5 HP Motor Peak (1,8 kW)
- Speed from 1 km/h 20 km/h (adjustable in 0,1 km/h steps)
- 18 installed programs with different speed
- 3 manual programs
- Quick speed buttons for 2 km/h,4 km/h, 6km/h, 8 km/h, 10 km/h and 12 km/h
- Power Incline 0-15%, electronically adjustable • Quick speed buttons for 2%, 4% 6%, 8%, 10%, 12%
- and 15% incline
- Speed and incline adjustable at hand rail

**NEW** 

- Hand pulse measurement
- Vibration absorbing running surface (Cushion System)

- Safety pin for emergency stop
- Foldable for save space
- Blue Back Light LCD Display showing: Time, Speed, Distance, approx Calories consumption, Inclination and Pulse
- Inputs of limits: Time, Speed and approx Calories
- Announcement of higher limits
- Possible connection for MP 3 Player
- Receiver for wireless pulse belts
- Fold-out automatic (Soft-Drop-System) for a safety and easy let down of the tread
- 4 transport rollers for a easy and comfortable location change

\*\*\*\* TM 4 \*\*\*\*





- Walking surface approx. L 140 x W 50 cm
- Electrical data: 220-240V/50-60Hz /1.300 Watt
- Load max. 135 kg (Body weight)
- Weight approx. 86 kg

Space requirement approx: L 190 x W 85 x H 145 cm Space requirement foldable approx: L 80 x W 85 x H 160 cm Ref. No. 1352



## SP 10 de Luxe

High-quality black stainless finish, comfort padding (longer and wider), Screw covers, Upholstery with white lap seams and back fleece.

- Complete work-Out in a small space
- Over 30 exercise possibilities
- Separate Bench presses module
- Separate Butterfly module
- Latissimus and Curl bar
- Leg curler
- Different rope exercises for Arm curls and rowing
- Metal step for standing Curl exercises
  8 push- on weights approx 5,6 kg = approx. 45 kg weights

Gift I

- Weight capacity, depending on the type of exercise from 5 kg to 70 kg
- Steel tubes Ø 50 mm
- Load max. 120 kg (Body weight)

Space requirement approx L 145 x W 106 x H 191 cm Ref. No. 99861











## **SP 20 XL**

#### The small fitness studio for cardio training at home

- Complete Work-out in a small space
- Over 30 exercise possibilities for shoulder, breast, back, legs, abdomen and arms
- Upholstered comfort seat with several times height adjustable seat
- Combined bench press and butterfly unit
- Latissimus and Curl bar
- Leg curler
- Arm curl console
- Metal step for standing Curl exercises
- 8 push- on weights approx 5,6 kg = approx 45 kg weights
- Suitable for weights up to max. 56 kg
- Training Tension resistance approx. 5 kg till 70 kg
- Steel tubes approx. 50 mm
- Load max. 120 kg (Body weight)

Space requirement approx: L 145 x W 115 x H 200 cm Ref. No. 1386











Weight - Set for SP 20 XL • 2 piece of weights with 5,6 kg

Ref. No. 9389





## **Profi Center de Luxe**

#### Fitness Station usable for two persons.

Individual muscle training and strength exercising with much equipment High- quality black stainless finish, comfort and upholstery back- and seat cushions with white lap seams and back fleece.

- Over 45 exercise possibilities for shoulder, breast, back, legs, abdomen and arms
- Upholstered comfort seat with 4-times height adjustable seat
- Comfortable backrest with lumbar support
- Combined bench press and butterfly unit
- Latissimus and Curl bar
- Leg curler
- Arm curl console
- Metal step for standing Curl exercises
- Hand grip and ankle strap
- Stepper with two hydraulic cylinders (4- times adjustable)
- Dips- Station

- 12 push- on weights of approx. 5 kg = approx 60 kg weights
- Suitable for weights up to max. 70 kg
- Training Tension resistance approx. 5kg 90kg
- Square- tubular steel frame with 50x50mm
- Load max. 130 kg (Body weight)
- Dips- and Stepper unit are mountable alternatively on the left or on the right hand side

Space requirement approx. L 179 x W 151 x H 197 cm Ref. No. 99881



#### Video: christopeit-sport.com



## **Multifunction Tower**

Professional universal training device for general and specific muscle training of all body parts. Weight training and stamina training without extra weights only with own body weight.

- TÜV GS tested by the studio standard "Class S"
- Exercise possibilities like, leg- up, pull- up-, push-up, dips, oar and stretching
- Stable and solid steel construction
- Comfortable cushion
- Backrest with adjustable lumbar cushion
- Large leg protection pad
- 8 hand grips for optimum grip position
- 8 steps for optimum foot position
- 4 straps (2x women/ 2x men) for holding and figurehead exercising
- 2-way adjustable Dips- handles
- Pull- up bar with soft grips
- Separate training manual
- Training Apps (with optional training assistant)
- Load max. 130Kg (Body weight)
- Weight approx. 47Kg

Space requirement approx. L 135 x W 96 x H 217 cm Ref. No. 1389





## **Basic Concept de Luxe**

Beginner fitness station for the most important exercises High- quality black stainless finish, comfort and upholstery back- and seat cushions (longer and wider) with white lap seams and back fleece.

- Exercises for upper part of the body, arms, abdomen and legs with individual weight load
- 3-way adjustable backrest
- 2-stage adjustable barbell support with safety clips, max. 100 kg
- Butterfly max. 30 kg each arm
- Leg curler max. 30 kg
- Arm curl console max. 50 kg
- Latissimus post max. 60 kg
- Folds together to save space
- Square- tubular steel frame with 35 x 35mm and 50 x 50mm
- Load max. 120 kg (Body weight)

Space requirement approx. L 160 x W 155 x H 195 cm Space requirement foldable approx. L 80 x W 155 x H 195 cm Ref. No. 98811 (without barbell and weights)

Basic Concept Ref. No. 9881 (silver/black/red) (without barbell and weights)

Video: christopeit-sport.com





Video: christopeit-sport.com

## **BG 2**

Train your stomach, back and hips muscles

- Height adjustable foot and foot rest
- Incl. gymnastic dumbbells 2 x 1,50 kg (pair)
- Incl. 2 elastic ropes (pair)
- foldable
- Load max. 110 kg (Body weight)

Space requirement approx. L 135 x W 58 x H 84 cm Space requirement foldable approx. L 135 x W 58 x H 24 cm Ref. No. 9841



## **Total Exerciser TE 1**

Easy, safe and effective exercising for all groups of muscles. The big padding is sliding with ball bearing rollers on an straight/incline construction. Your body weight can be used for the resistance and with inclination adjustment you can choose you individual exercise resistance.

- More than 40 exercise possibilities
- Resistance through own body weight and inclination adjustment in 5-steps
- Dumbbell support for additional resistance
- Pull grips with cables incl.
- Exercise foot / hand bar
- Foldable for save space
- Square steel tube 35x25mm
- With exercise instruction book
- Load max. 100 kg (Body weight)
- Weight approx 23 kg

Space requirement approx: L 185 x W 62 x H 97 cm Space requirement foldable: L 115 x W 62 x H 20 cm Ref. No. 1251 (without dumbbells)





Video: christopeit-sport.com

## **Fitness Bench Multicompact**

Stable, versatile and compact are the matching words for this multifunctional fitness bench. A variable exercise bench for building muscle, fitness conservation or fat burning

- 5-way adjustable backrest
- 10-way height adjustable backrest Curl
- 6 -way tilt-adjustable backrest Curl
- Foldable to save space by quick release knob
- Square tubular steel frame 45 x 45mm
- Load max. 130 kg (Body weight)
- Suitable for additional 25kg dumbbell weight
- Weight 19 kg

Space requirement approx. L 150 x W 57 x H 110 cm Space requirement foldable approx. L 138 x W 57 x H 39 cm Ref. No. 1380





As opposed to a regular stepper, you are also turning sideways (left and right) with each upward and downward motion. Similar to the motion of a twist dance. That way you are not only exercising your legs, but also toning your hips and buttocks effectively.

## **Twist N Step Pro**

- 2 elastic ropes
- Very stable 50 mm steel frame
- 2 hydraulic cylinders
- Extremely big foot plates
- Computer showing steps, steps per minute, time, approx. calories
- Load max. 100 kg (Body weight)

Space requirement approx. L 45 x W 27 x H 45 cm Ref. No. 98622









## **Twist N Step Plus**

Side Stepper with handle bar and hand pulse measurement

- Handle bar for more stability
- Hand pulse measurement • 2 hydraulic cylinders
- Stable steel frame
- Extremly big foot plates
- Computer showing: Steps, Steps per minute, Time,
- approx Calories consumption, Pulse and Scan • Load max. 100 kg (Body weight)

Space requirement approx: L 62 x W 57 x H 136 cm Ref. No. 1368



## Trampolin

• Load max. 100 kg (Body weight) Ø ca. 100 cm Ref. No. 9851

Attention: Not suiteable for children under 3 years. Recommended age: 6 years Attention: Adult supervision recommended. Attention: Only suitable for home use





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GIRLEY CHU

# Rowers



## Oxford

- Rowing grips free moveable
- Infinitely adjustable rowing resistance with hydraulic cylinder
- sturdy tabular steel frame
- Comfortable seat with 6 bearing rollers
- Foot holder with Secure strap
- Digital display of: Time, distance, rowing beat, rowing beats total, approx. calory consumption and Scan
- Load max. 100 kg (Body weight)

Space requirement approx. L 124 x W 78 x H 16-68 cm Ref. No. 9901



## **Cambridge II**

The whole body becomes traction with the rower machine. Particularly the neglected shoulder and back musculature is demanded actually.

- Stimulating most of users muscles
- Elastic-Rope-System
- 4-way adjustable resistance
- Comfortable seat with bearing rollersFoldable for save space
- Foldable for save space
- Big LCD Display showing time, rowing beat, rowing beats per minute, rowing beats total, approx Calories and Scan
- Load max. 120 kg (Body weight)

Space requirement approx L 173 x W 44 x H 53 cm Space requirement foldable approx L 110 x W 44 x H 103 cm Ref. No. 9903

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Cambridge II

# Caraiti

## Cardiff

Efficient training of back, abdomen, legs, breast, arms, shoulders and your heart circulatory system

- Magnetic brake system
- Approx 6 kg flywheel
- 10- gears manual resistance

- Stable and safety rope
- Comfortable seat with bearing rollers
- Foldable for save space
- Stable pedal with food straps
- Transport roller
- Big LCD Display showing: time, rowing beats, rowing beats per minute, rowing beats total, approx. calories and Scan







- Load max. 120 kg (Body weight)
- Space requirement approx: L 177 x W 53 x H 48 cm Space requirement foldable approx: L 70 x W 53 x H 120 cm Ref. No. 1260



## Accord

Rowing exercising in a typical and nature way be using wide extended rowing arms

- 12- step adjustable rowing resistance
- 4- step inclinatin adjustable
- Horizontally adjustable for different body height
- Comfortable seat with easy sliding rollers
- 99% preassembled
- Foldable for saving space storage
- Big LCD Display showing: Time, Rowing beats, Rowing beats
- per minute, Rowing beats total, approx Calories and Scan
- Load max. 120 kg (Body weight)
- Weight approx 24 kg

Space requirement approx: L 132 x W 159 x H 70 cm Space requirement foldable approx: L 95 x W 48 x H 28 cm Ref. No. 9904





## FITNESS -ACCESSORIES

## Wireless Pulse Belt

- Breast belt with flexibly strap, easily, comfortably, friendly to skin
- Compatibly with the Items like ET 6, EMS 6, ET 6 VR, CX 6, CXM 6, CX 6 VR TM 3 Esprit, TM 3 VR, TM 4+, EM 4 and CX 4
- Electrical data: Transmitter frequency 5,0 5,5 kHz, striking distance 1m

Ref. No. 9309

## Floor Mat

Floor mat offers perfect hold and protects against damages of the ground

 suitable for Home-bikes, Rowers, Racer-bikes and Stepper Dimension approx L 120 x W 60 x 0,3 cm

Ref. No. 1398



Curl Bar

Approx. 120 cm long, weight approx. 7.5 kg. With screw fitting, bore 30 mm diameter. Ref. No. 90862

## Short Dumbbell Bar

Approx. 38 cm long, weight approx. 2.5 kg. With screw fitting, bore 30 mm diameter. Ref. No. 9098

## Long Dumbbell Bar

160 cm long, weight approx. 10 kg. With screw fitting, bore 30 mm diameter. Ref. No. 90861

## **Dumbbell Weights**

Cast iron, painted black, bore 30 mm diameter.

Ref. No. Kq 90018/pair 0.50 90948/pair 1.25 90958/pair 2.50 5.00 90968/pair 10.00 90978/each 20.00 90977/each



## Pulse Watch + Wireless Pulse Belt (Set)

**Optimum Pulse Watch for beginners** 

Pulse function:

- Exact heart frequency measurement (per Breast belt) • Individual training topics adjustable
- Maximum heart frequency
- Pulse control less than 60%, 60-80% more than 80%

Time-function:

- Time Calendar, weekday, date
- Wake- up alarm
- stopwatch
- Equipment:
- Waterproof
- Display lighting
- Breast belt with flexibly strap



Ref. No. 9310

# suitable for Crosstrainer and Treadmills

Dimension approx L 160 x W 84 x 0,3 cm Ref. No. 1399



Short Dumbbell Set

Cast Iron dumbbell weights, approx. 10 kg

Short Dumbblle Bar with screw fitting

Weights 4 x 0.50 kg and 4 x 1.25 kg

Ref. No. 90889 (with screwend)

# Massage Equipment <u>SOLANA</u>

Suitable in the office, car or at home

The Massage Cushion with heating function for relaxation and well-being

## Solana Shiatsu- Kneading **Massage Cushion**

- Modern and ergonomically design
- One roller seat containing four massage heads provides a deep-tissue back massage
- 3 modes of massage for the entire-, upper- and lower back
- 2 built- in vibration motors in the seat
- Optional heating function
- Cable remote control for the comfortable control of the massage points
- Automatic timer for powers down after each cycle (15 minutes)
- Power plug (Adapter)
- Inclusive 12V adaptor for the cigarette lighter in the car
- Electrical data: 220-240V/50Hz /26 Watt
- Weight approx. 3,5 kg

Dimension approx. L 69 x W 15 x H 47 cm Ref. No. 1371



## Solana Shiatsu- 3D Massage **Cushion Comfort**

3D Massag heads with heading function for relaxation and well-being

- Modern and ergonomically design
- Skin- friendly and easy- care material
- 4 rotating 3 dimensional massage heads for Shiatsu-, Kneading- and Tapping
- Shiatsu function, width is adjustable
- · Rolling massage along the spine up and down bring you great relaxation
- 3 modes of massage for the whole-, upper- and lower spine
- 2 built- in vibration motors in the seat (3- different intensities)
- · Optional heating massage heads improve the blood circulation and relieve the back pain deeply
- Cable remote control for the comfortable control of the massage points
- Automatic timer for powers down after each cycle (15 minutes)
- Power plug (Adapter)
- Electrical data: 220-240V/50Hz /36 Watt

Weight approx. 6 kg

Dimension approx: L 69 x W 41 x H 67 cm Ref. No. 1471



















## Massage Equipment



Suitable in the office, car or at home

The Massage Cushion with heating function for relaxation and well-being

## Solana Shiatsu- Massage Pillow

Shiatsu point massage for a wholesome massage and relaxation Universally suitable for neck, back, legs, arms and feet

- Modern and ergonomically design
- 4 soft, springy massage heads with built- in heating and kneading
- Optional heating function

- Universally usable in the seat or lying • Usable for neck, back, leg, arm and feet
- Portable and easy to operate
- With Velcro strap for attachment to the backrest

• Built in over- heating prevention mechanism

Power plug (Adapter)









## Solana Shiatsu- 3D Massage Pillow Comfort

NEW

#### 3D Massage heads with heading function for any parts of body

- Modern and ergonomically design
- Skin- friendly and easy- care material
- 12 rotating 3 dimensional massage heads walk up and down
- 360 degree massqage on the spine. Partial flexiable balls fit the body curve well for deep massage
- Optional heating function
- Suitable in the office, car or home
- Universally usable at any parts of the body like calf, spine, palm, arm
- Compact and easy to carry
- Easy to operate
- Automatic timer for powers down after each cycle (15 minutes)
- Power plug (Adapter)
- Electrical data: 220-240V/50Hz /30 Watt
- Weight approx 3,5 kg

Dimension approx: L 50 x W 44 x T 13 cm Ref. No. 1472







## Solana Massage Belt

For the specific treatment of your problem zones Suitable at home, office and on the way

- Modern and fashion design
- 3 massage modes and 6 intensity levels
- Stimulate the circulation of the blood and tighten the skin
- · Usable for upper- and forearm, thigh- and lower leg, calf, back, shoulder, abdomen and buttocks
- Portable and easy to operate
- Include adjustable belt to attach at different body places
- Automatic timer for powers down after each cycle (15 minutes)
- Power plug (Adapter)
- Electrical data: 220-240V/50Hz /18 Watt
- Weight approx. 1 kg

Dimension approx. L 22 x W 9 x H 15cm Ref. No. 1372



## **Solana Hand Massager**

With intensive deeply effectually massage for wholesome relaxation

- Modern and ergonomically design
- 3 swappable massage heads for a greater variety of massages
- Deeply effectually massage
- Usable for upper- and forearm, thigh- and lower leg, calf, back, shoulder, hand, feet, neck, abdomen and buttocks
- Individually adjustable intensity levels
- Portable and easy to operate
- Power plug (Adapter)
- Electrical data: 220-240V/50Hz/25 Watt
- Weight approx. 1 kg

Dimension approx. L 21 x W 16 x H 11 cm



## Solana Shiatsu-**Foot Massager**

Blood circulation-supporting and wholesome Shiatsu-foot massage with 12 massage heads with heating function

- Modern and fashion design
- 12 rotary massage heads (6 per foot surface)
- Optional heating function
- Usable for feet, hand, calf, forearm, neck, shoulder and back
- 5 massage modes and 6 intensity levels
- Portable and easy to operate
- Power plug (Adapter)
- Electrical data: 220-240V/50Hz/30 Watt
- Weight approx. 2,5 kg

Dimension approx. L 42 x W 12 x H 30 cm Ref. No. 1374







• Weight approx. 1,2 kg Dimension approx. L 33 x W 12 x H 22 cm Ref. No. 1370



Electrical data: 220-240 V/50Hz /30 Watt





















# Soccer

## Liverpool 13 in 1

The multi-functional table with many different playing possibilities. 13 popular games can be played with this multi-table and with a simple hand grip quickly converted into Billard-/Soccer-/Poker- or TT-Table. Stable MDF- and Wooden-boards with PVC surface. Many table games with much game equipment are included.

Kicker playing surface around L 105 x W 57 cm, 13mm tubular steel tubes, Billiards, speed hockey, table tennis, bowling, chess, checkers, poker, backgammon, shuffleboard, card games (52/32 sheets) and dice cup with dice. Complete accessories for all games like: 2 x Soccer balls, 2x TT Bat, 2xTT-balls, Net, 2 cues and chalks, billiard ball & queue set, puks-pusher & puks, poker chips and checkers.

Space requirement approx. L 109 x W 61 x H 81 cm Weight approx. 37 KG Ref. No. 92071



















Attention: Not suiteable for children under 3 years. Recommended age: 6 years Attention: Adult supervision recommended. Attention: Only suitable for home use



## **Liverpool 4-1**

• same like Liverpool 13-1, but

- 4 different playing possibilities like Kicker, Billard, Table tennis and Speedhockey
- Kicker playing surface around L 105 x W 57 cm
- Complete accessories for all 4 play variations like: 2x Soccer balls, 2x TT- Bat, Net, 2x TT-balls, 2x Billard cues and chalks, Billard balls and queue set, puks-pusher & puks

Space requirement approx. L 109 x W 61 x H 81 cm Weight approx. 31 kg Ref. No. 92072





#### • Extremely stable 30 mm rugged wood frame • 22 screwed players • 16 mm CP steel bars in ball bearings • 2 CP goals • 2 CP ball ins

• 2 CP ball outs

**ROMA** 

- Each two bottle holder and ashtray
- 2 goal counter in attractive ball design
- Each two replacement balls and players

Playground approx. L 120 x W 68 cm Space requirement approx. L 140 x W 116 x H 87 cm Weight approx. 68 Kg Ref. No. 92102

**Table Soccer** 





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Attention: Not suiteable for children under 3 years. Recommended age: 6 years Attention: Adult supervision recommended. Attention: Only suitable for home use

## RACER XL 2 • Individual adjustable brake system

- 15 kg chrome plated flywheel •
- Freewheel ٠
- High class and stable framework construction
- Horizontally and vertically adjustable saddle
- Vertically adjustable handlebar
- Racing pedals with cage and safety straps (no click pedals)
- Racing saddle
- Triathlon handlebar
- Transport rollers •
- Incl. drink bottle and holder
- Big Display computer showing: time, distance, speed, approx. calories and Scan
- Load max. 120 kg (Body weight)
- Weight approx 43 kg

Space requirement approx. L 135 x W 50 x H 115 cm Ref. No. 1310 (white/black) Ref. No. 1311 (black/red)









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